

The Arc of Chester County's Chat n Chew Training Schedule Spring 2025

Empower U Specialty Fitness
Wednesday, February 19, 2025
11:30am – 1:00pm

Join us as Coach Joe DeViscio, CSCS, BEXSc, tells us about the specialty fitness training he offers based on individual needs and abilities. He covers strength, balance, and endurance. It can be one on one or group training. This training can be covered by WAIVER FUNDING

The Self-Directed Model for Supports & Services: What is it and how does it work?
Wednesday, February 26, 2025
11:30am -1:00pm

Do you know you can recruit and hire support service workers? Would you like to learn about self-directing supports and services for you or your loved one? Agency With Choice is a service delivery option in which individuals with an intellectual disability and/or their representative enrolled in the Consolidated, Community Living or Person/Family directed waiver programs can self-direct some or all their services, which leads to greater choice and control over where, when, and how support services are delivered. Jillian Wells & Nichole Swisher, Agency With Choice Program Managers at The Arc of Chester County will present information and answer questions.

Comprehensive Employment Services
Wednesday, March 6, 2025
11:30am – 1:00pm

Join Shelby Hallman, ACRE, Director of Comprehensive Employment Services at The Arc of Chester County to learn more about how waiver funded employment services work to help individuals find and maintain employment. CES supports transition age youth (14-21 years old) and adults with disabilities to find and maintain employment in their communities. CES also works with businesses to employ, train, and supervise individuals to help them meet their job qualifications. The Arc's CES Program provides job seekers with disabilities the support they need in the workforce to successfully overcome social, economic, intellectual, or physical barriers and ensure they reach their full potential.

Social Security Disability Benefits – Part I
Wednesday, March 12, 2025
11:30am – 1:00pm

You can never learn too much about Social Security Benefits. Please join Richard Gaudiosi, Public Affairs Specialist, Social Security Administration for a presentation about benefits and educate yourself on the details of these important benefits. Topics will include SSI/SSDI, how to apply, how to appeal and how to answer questions.

ABLE
Wednesday, March 19, 2025
11:30 - 1:00pm

Parents often ask what is the best way to save for a loved one with a disability? The ABL (Achieving a Better Life Experience Act of 2014) allows savings, with limitations, to be exempt from Supplement Security Income and Medicaid resource limits and earnings are exempt from federal income tax. Please join Diana Fishlock, Outreach Specialist from the Pennsylvania Treasury Bureau of Savings Programs to learn more about ABL accounts, how to open one, and the many advantages of ABL accounts.

From School to Adulthood: Strategic Transition Planning for Students with Disabilities
Wednesday, March 26, 2025
11:30am – 1:00pm

Transition to adult life can be a difficult process for anyone, especially individuals with disabilities. Transitions should be outcome based and planning long-range in nature. Transition planning for students aged 14 through graduation assists in creating a plan that will foster a smooth progression from school to the adult system, employment opportunities, and responsibilities of adult life.

Please join **Kim Ring, Community Based Instruction & Adult Services Supervisor, CCIU** and **Stacey Barton, Special Ed/Community Based Instruction Supervisor, CCIU** to learn about CCIU transition programs and how to access them

Guardianship and Power of Attorney
Wednesday, April 2, 2025
11:30am – 1:00pm

One of the most complex decisions a parent, family member or caregiver makes about their loved one is seeking guardianship or power of attorney. Is it appropriate? Is it necessary? Please join Randy Hope Steen, Esquire; to explore answers to these questions and learn the differences between guardianship and power of attorney.

Social Security Disability Benefits – Part II
Wednesday, April 9, 2025
11:30am – 1:00pm

Again, please join Richard Gaudiosi, Public Affairs Specialist, Social Security Administration for more detailed information on disability benefits. This presentation will focus on how working, and income can affect your benefits. He will go over ticket to work and answer questions.

TBD
Wednesday, April 16, 2025
11:30am – 1:00pm

Estate Planning/Special Needs Trusts
Wednesday, April 23, 2025

One of the most complex decisions a parent, family member or caregiver makes about their loved one is seeking guardianship or power of attorney. Is it appropriate? Is it necessary? Please join Stephen D. Potts, Esquire; from Herr, Potts, and Potts, to explore answers to these questions and learn the differences between guardianship and power of attorney.